

## Well-maintained turf could mean as much as a 20%\* reduction in injuries.

That's why you should know about Palmer and Prelude perennial ryegrasses. These turf-type ryes have been developed at Rutgers University to provide exactly the kind of turf you need. They grow well in all types of weather and soil conditions, and establish themselves quickly after seeding. Both Palmer and Prelude are attractive; they green up early in spring and stay green until late fall. They provide a consistently dense, uniform carpet to cushion the impact of a player's fall. Their tough leaf tissue takes the abuse and traffic any team can dish out.

To keep injuries down, take every precaution. And make Palmer or Prelude perennial rye part of your safety program.

## Five-step seeding program to safer athletic turf

- verseed with Palmer or relude, 200 lbs. Recommend erification or verticutting prior
- 2. September (Third Week) Overseed with Palmer or Prelude, 100 lbs. Broadcast seed uniformly over concen-trated play areas.
- 3. October (First Week) Overseed with Palmer or Prelude, 100 lbs. Broadcast seed and let traffic of game work
- 4. November (Fourth Week) Overseed with Palmer or Prelude, 200 lbs. Follow step 1. Seed will not germinate at this time but will make soil contact through freeze/thaw cycle resulting in early spring germination.
- 5. April (Second Week) Overseed with Palmer or Prelude, 200 lbs. Broadcast seed uniformly over entire field to fully restore turf.

Amounts are based on 80,000 sq. ft. - one entire football or soccer field. They should be adjusted according to field conditions. Proper irrigation and fertilization required.



## Lofts Inc.

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\*Harper, J.C. et al, "Turf Management, Athletic-Field Conditions, and Injuries in High School Football," Progress Report 384, The Pennsylvania State University, College of Agriculture, University Park, PA 16802, December 1984.

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