A contemporary view of recycled water irrigation

Most of us are familiar with the term “Black Gold” as another name for oil, and we may have heard of “Blue Gold” used in some quarters in reference to water. Without question, humanity is polluting and wasting water even as its need for water grows with increasing population. Thus, just as it appears that wars today are fought over oil, future wars may be fought over water.

Agronomists generally do not play the roles of economist, diplomat, or soldier. We can, however, try to educate, and sometimes the topics we broach have large consequences. The use of recycled or reclaimed water is, I believe, such a topic. And considering the critical water needs of today’s world, I would like to assign to recycled water the term Purple Gold, after the color officially used to designate all equipment contacting it.

Having worked with this resource for over 30 years, evaluating its potential for turfgrass and landscape irrigation, I have witnessed its quality increase significantly. As quality has increased, both the value and the use of recycled water have also risen dramatically. I believe recycled water, already deserving of the name Purple Gold, will be recognized as such socially-wide in the near future. Already, in the face of increasingly common drought, habitat erosion, and the escalating cost of potable water, recycled water is the Purple Gold of urban landscape irrigation. In light of recycled water’s importance, a review of its qualities and of the management practices needed to use it successfully is in order.

Although three-quarters of the earth’s surface is covered with water, only a minute fraction of all the water on earth is both readily available and of sufficient quality to be suitable for human use, including irrigation of agricultural crops and landscape plants. In fact, it is estimated that only 0.02% of all water on earth is fresh and immediately available, i.e., could be used with relative ease and with minimal energy input and expense. That small fraction of earth’s water includes rain and snow-melt stored in lakes and reservoirs, as well as water available in rivers. More than 99% of earth’s water is in its oceans or locked in polar ice caps and glaciers. Converting water from these sources to potable form is highly energy-dependent and expensive. Yet fresh surface and ground water together are being rapidly depleted due to industrial and agricultural use and direct human consumption. Population growth accelerates and exacerbates the potable water scarcity.

In most cases, turf and landscape irrigation is not a priority for municipalities during droughts. Severe restrictions on turfgrass and landscape irrigation during droughts are common, including complete shutdown of golf course or park irrigation. Irrigation with recycled water is therefore a viable means of coping with drought, water shortages, and/or the rising cost of potable water. Currently, large volumes of recycled water are used to irrigate golf courses, parks, roadsides, landscapes, cemeteries, athletic fields, sod production farms, and other landscape sites. Interest in recycled water irrigation also increases as more and better-quality treated sewage water becomes available.

Today, most sewage treatment plants produce high-quality recycled water suitable (as far as human-pathogen content is concerned) for additional uses such as golf courses, parks, athletic fields, and other urban landscape sites. In certain southwest desert areas of the United States, most golf courses (and associated landscapes) may use only recycled (or other degraded-quality) water for irrigation. In a larger context, recycled water is now the irrigation source for approximately 15% of US golf courses and close to 35% of courses in southwestern states. These figures are rapidly increasing, as are those for all other commercial, institutional, and industrial sites irrigated with recycled water.

“Recycled water” refers to water that has undergone one cycle of (human) use and then received significant treatment at a sewage treatment plant to be made suitable for various reuse purposes, including turfgrass irrigation. Several other terms are also used for recycled water, among them: reclaimed water, reuse wastewater, effluent water, and treated sewage water. Sewage treatment takes raw sewage with all of its suspended matter and pathogenic organisms and converts it into clear, reclaimed water that looks as good to the human eye as any potable water. In almost all cases, recycled water is thoroughly disinfected before leaving the treatment plant. Disinfection greatly reduces (or entirely eliminates) the human disease-causing organisms and expands the irrigation uses of recycled water.

However, “dissolved” solids (salts) still remain and are of concern if the water is to be used for irrigation. It is technically possible to remove all of the dissolved salts from sewage water, using techniques such as reverse osmosis. Reverse osmosis, in fact, is used on a small scale at a few golf courses to remove almost all dissolved solids from water. However, the expense is such that very few treatment plants in the world currently use it. Therefore, most of the recycled water available for irrigation is only tertiary treated and may contain high concentration of salts.

Turfgrass is particularly well suited to irrigation with recycled water. Among landscape plants, turfgrasses can absorb relatively large amounts of nitrogen and other nutrients often found in elevated quantities in recycled water, a characteristic that may greatly decrease the odds of groundwater contamination by recycled water. Equally important, turfgrass plantings are generally permanent and their growth is continuous, providing a stable need for continuously produced recycled water. Presently, most of the turfgrass irrigated with recycled water grows on golf courses. However, recycled water irrigation is increasing on sports fields, in parks, on many industrial and institutional landscapes, and on sod production farms.

Most municipalities require signage (usually colored purple) to inform the public of the presence of recycled water. These efforts are intended to prevent anyone from ingesting or otherwise using the water directly, to avoid any risk, however slight, of contact with human pathogens. The color purple is now broadly accepted as the official color for recycled water conveyance equipment. Almost all irrigation system components are now available in purple, including pipes, sprinkler heads, valves, and irrigation boxes.

**POTENTIAL CHALLENGES**

Despite sound reasons for using recycled water for turfgrass irrigation, there are legitimate concerns about possible injury to turfgrass and other landscape plants due to the salt content and other characteristics of reclaimed water. During irrigation, dissolved salts and other chemical constituents move with water into the plant rootzone. Recognizing the prob-
lems that may arise from this and understanding their remedies allow turfgrass managers to make use of this valuable irrigation resource, the Purple Gold, in spite of potential challenges.

Recycled waters usually contain higher amounts of dissolved salts than most other irrigation water sources. Salt accumulation in the soil is the most common concern. Ordinarily, a long period of irrigation passes before salt builds up in the soil enough to actually injure plants. Besides saline irrigation water, insufficient natural precipitation, inadequate irrigation, and poor drainage all increase the likelihood of creating saline soil conditions.

Generally, salinity becomes a problem for turfgrass when the total quantity of soluble salt in the rootzone is high. The rate at which salts accumulate to these levels in a soil depends on their concentration in the irrigation water, the amount of water applied annually, annual precipitation, and the soil’s physical and chemical characteristics. Once rootzone salinity builds to harmful levels, several problems may occur. Salinity may inhibit water absorption by plant roots (due to the high osmotic potential of the soil water solution) and cause plants to appear drought stressed despite the presence of adequate water within the rootzone. For such osmotic stress symptoms, the term physiological drought is often used. High salinity can also cause some ions (e.g., sodium) to be absorbed by the plant in high enough quantities to cause tissue burn or to compete with other essential elements, creating nutritional imbalances. In most cases, injury caused by high water/soil salinity is due to a combination of these factors.

If the amount of water applied to turf (irrigation plus precipitation) is higher than evapotranspiration and drainage is provided, then salt movement is downward. Conversely, salt movement is upward if evapotranspiration exceeds water applied. In the latter case, salt drawn to the surface gradually accumulates to levels toxic to turfgrasses and other plants. Diagnosing water/soil salinity problems always begins with chemical analysis of the irrigation water and soil.

Generally, waters of acceptable quality for turfgrass irrigation have electrical conductivities of less than 0.7 dS/m. Waters with soluble salt levels above 3 dS/m may injure turfgrass and are not recommended for irrigation. Recycled irrigation water with salt levels up to 3 dS/m may be tolerated by some turfgrass species, but only on soils with good permeability and subsoil drainage, which allow a turfgrass manager to leach excessive salt from the rootzone by periodic heavy irrigations.

For agronomic purposes, in addition to salinity, recycled waters must also be evaluated for their sodium, chloride, boron, bicarbonate, and nutrient content, as well as pH and suspended matter. Each of these elements affects plant growth. Managers can request that labs test their samples for the specific elements they know are likely to cause injury to plants. With test results in hand, managers use published guidelines to determine if their conditions are problematic and, if so, in what way.

Sodium content is as important to recycled water quality as salinity. Although sodium can be directly toxic to plants, its most frequent deleterious effects on plant growth are indirect through its effect on soil structure. The high sodium content common to recycled water can cause deflocculation (dispersion) of soil clay particles or breakdown of soil structure, reducing soil aeration and water infiltration and percolation.
Waterlogging and soil compaction are common results of excess sodium. In such conditions, direct sodium toxicity may also eventually occur.

Because calcium (Ca) and magnesium (Mg) flocculate clay particles, while sodium disperses them, the ratio of these elements to each other in irrigation water provides a measure of likely soil permeability resulting from irrigation with a particular water. That said, the effect of sodium on soil particle dispersion (i.e., permeability) is counteracted by high electrolyte (soluble salts). Thus, the likely effect of a particular irrigation water on soil permeability is best gauged by assessing the water’s SAR in combination with its ECw.

Recycled waters usually contain a wide variety of other elements in small concentrations. Some of these elements are toxic to turfgrasses and other plants if they accumulate in the soil to sufficient levels. The most common toxicities are due to accumulations of sodium, chloride, and boron. Plant roots absorb sodium and transport it to leaves, where it can accumulate and cause injury. Symptoms of sodium toxicity resemble those of salt burn on leaves. Sodium toxicity is often of more concern on plants other than turfgrasses, primarily because accumulated sodium is removed every time grass is mowed.

Chloride (Cl), in addition to contributing to the total soluble salt content of irrigation water, is another ion that may be directly toxic to landscape plants. Although not particularly toxic to turfgrasses, it affects many trees, shrubs, and ground covers. In sensitive plants, chloride toxicity causes leaf margin scorch in minor cases and total leaf kill and abscission in severe situations. Fortunately, chloride salts are quite soluble and thus may be leached from well-drained soils with good subsurface drainage.

Recycled water may also contain boron (B), a micronutrient essential for plant growth in very small quantities. Injury from excess B is most obvious as necrosis on the margins of older leaves. Turfgrasses are more tolerant of boron than any other plants grown in the landscape.

pH, a measure of acidity, is valued on a scale of 0 to 14. Water pH is easily determined and provides useful information about water’s chemical properties. Although seldom a problem in itself, a very high or low pH indicates that water needs evaluation for other constituents. On the pH scale, pH 7 represents neutral (i.e., water with a pH of 7 is neither acidic nor alkaline.) Moving from pH 7 to pH 0, water is increasingly acidic; moving from pH 7 to pH 14, water is increasingly basic (or “alkaline”). The desirable soil pH for most turfgrasses is 5.5 to 7.0; the pH of most irrigation water, however, ranges from 6.5 to 8.4. Depending on the soil on which grass is grown, an irrigation water pH range of 6.5-7 is desirable. Recycled water with a pH outside the desirable range must be evaluated for other chemical constituents.

The bicarbonate (HCO3) and, to a lesser degree, carbonate (CO3) content of recycled irrigation water also deserves careful evaluation. Recycled waters are especially prone to excessive levels of bicarbonate. High bicarbonate levels in irrigation water increase soil pH and may affect soil permeability; combining with calcium and/or magnesium, bicarbonate precipitates as calcium and/or magnesium carbonate, both of which increase the SAR of the soil solution.

Generally, recycled water with an RSC value of 1.25 meq/L or lower is safe for irrigation, water with an RSC between 1.25 and 2.5 meq/L is marginal, and water with an RSC of 2.5 meq/L and above is probably not suitable for irrigation.

Recycled water can also be high in nutrients, whose economic value may be an important consideration. Nitrogen, phosphorus, and potassium, all of which are essential to turfgrass growth, are the primary nutrients present in most recycled waters. Even if the quantities of nutrients in a given recycled water are small, they are efficiently used by turfgrass because they are applied frequently and regularly. In most cases, turf obtains all the phosphorus and potassium and a large part of the nitrogen it needs from recycled water. Sufficient micronutrients are also supplied by most recycled waters. Water chemical analysis must therefore be thoroughly evaluated to determine the kind and amount of each nutrient applied through irrigation; the turf’s fertility program can then be adjusted accordingly. Most agricultural testing laboratories will provide the nutritional contents of recycled water upon request.

Recycled water quality varies significantly among sewage treatment plants as well as on a seasonal basis, and it must be analyzed individually and regularly. There are very few recycled water sources that are absolutely unsuitable for turfgrass irrigation. Furthermore, the nature and magnitude of potential problems with a specific water will depend on its interaction with climate and soil chemistry and physics.

Soil physical characteristics and drainage both play important roles in determining a rootzone’s ability to handle salinity. Soil characteristics must be evaluated along with water quality to determine if irrigation-induced problems are likely. Fine-textured soils (clays) are more likely to accumulate salts than coarse-textured soils (sands). Also, layering in the rootzone that interferes with drainage (and therefore salt leaching) can lead to water-induced plant injury despite irrigating with seemingly acceptable recycled water. In other words, lack of drainage leads to salt buildup. Soils already saline or sodic are obviously more likely to contribute to salinity injury due to recycled water irrigation, regardless of their drainage characteristics. Application of excessive fertilizer can also contribute to the salt load and may create salinity problems where the salt load from recycled water alone may not be high enough to cause damage.

**POTENTIAL SOLUTIONS**

If water salinity, sodium, and other chemical components are potential problems, management is key to agronomic success. Following is a list of management practices that can be used to address potential recycled water irrigation challenges.

**Select salt-tolerant turfgrass species.** If salinity problems are expected with recycled water irrigation, salt-tolerant grass species should be considered for planting. Salt tolerance of turfgrasses is usually expressed in relation to the salt content of the soil. Soils with an ECe between 3 and 10 dS/m can support a few moderately salt-tolerant turfgrass species, while soils with an ECe higher than 10 dS/m will support only very salt-tolerant grasses.

Apply extra water to leach excess salts below the turfgrass rootzone. Extra irrigation water needed to leach salts below the turfgrass rootzone, thus preventing salt buildup to toxic levels, is referred to as the leaching requirement or fraction.

A leaching requirement is based on the recycled water’s salt content and the salt tolerance levels of the grass (expressed in ECe) at the site. For example, if a turfgrass species with salt tolerance of not more than 2.5 dS/m is irrigated with a recycled water with an electrical conductivity of 1.2 dS/m, 10% more water than is dictated by evapotranspiration alone must be applied to leach salts out of the rootzone.

Any changes in a system’s input, such as rainfall, can affect the amount of water that must be applied for leaching. As the Leaching Requirement increases (and therefore more salt leaching occurs), salt accumulation in the rootzone decreases. As a result, highly saline recycled water may be used successfully for irrigation in high rainfall areas, while the same water may cause severe salinity damage to turfgrasses in arid and semi-arid locations.

Provide drainage. Clearly, successful leaching requires adequate drainage. In all cases where recycled water is used for irrigation, good drainage is essential. Drainage can be natural or can be improved by in-
stalling tile drains. An example of a site where drainage must be improved: a golf course with greens built on modified native soils (i.e., push-up greens) converting to recycled water for irrigation. The course can either rebuild greens on a sand-based rootzone mix or install an effective drainage system to provide for salt leaching. The objective is to keep percolated saline water below the turfgrass rootzone.

Modify management practices. Certain management practices may alleviate the deleterious effects of salinity. On golf greens, especially, reducing or removing accumulated surface organic matter (thatch) is crucial under recycled water irrigation. Thatch and mat layers stop the flow of water (and salts) through the soil and impede leaching of salts. On golf greens with a uniform rootzone profile, drainage is often adequate for salt leaching. However, if a given golf green rootzone profile indicates excessive organic matter (thatch) accumulation or, worse, the existence of a layering problem within the soil profile, then every effort must be employed to remove thatch or eliminate layering prior to the initiation of recycled water irrigation. Aeration (particularly useful on golf course greens and sports fields) punches through impermeable layers, facilitating faster and better water movement through the soil profile. Aerators remove soil cores at regular intervals. Cores should be removed from the soil surface of golf greens and similar specialty turf, and holes should be topdressed with sand. Often, just spreading sand over the aerated surface fails to fill the holes. Sweeping, brushing, or blowing sand into the holes left by aeration ensures optimum sand application. Holes should be filled all the way to the soil surface to provide channels for water percolation through the layers of sand/organic matter.

Modify the rootzone mixture. Where turfgrasses are grown on soils with minimal natural drainage (e.g., heavy clay soils, soils with a hard pan or clay pan) and recycled irrigation water is high in salts or sodium, total modification of the rootzone mixture may be necessary. Sand-based golf greens or sports fields generally drain well and can tolerate recycled waters that may be too saline for irrigation on heavy clay or compacted soils.

Blend irrigation waters. Frequently, poor-quality water can be used for irrigation if better-quality water is available for blending. The two waters can be pumped into a reservoir to mix them before irrigation. Although the resulting salinity will vary according to the type of salts present and climatic conditions, water quality should improve in proportion to the mixing ratio.

Use amendments. Applying soil and water amendments, such as gypsum (calcium sulfate), calcium chloride, sulfur, and sulfuric or N-phuric acids, can aid in reducing the negative effects of sodium and bicarbonate. They may also help with improving water/salt pH and partially help with salinity control. These amendments increase the soil supply of calcium, either directly, as in the case of gypsum and calcium chloride, or indirectly, as in the case of sulfur and sulfuric or N-phuric acids. Sulfur and sulfur-containing fertilizers applied to soils naturally high in calcium may make calcium more soluble. Once available, calcium can then replace sodium on clay particles, preventing excess sodium accumulation. Subsequent leaching will flush sodium salts out of the rootzone. The amount of sulfur amendment required depends on a soil’s sodium content, SAR of the irrigation water, the quantity of water applied, soil texture, and type of amendment.

The impact of bicarbonate on pH may also be reduced by applying an acidifying fertilizer, such as ammonium sulfate, as part of a regular fertil-
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There are also potential disadvantages to direct injection:

- Material more expensive
- Equipment and maintenance expensive
- Danger of handling acids
- Irrigation efficiency and uniformity must be optimal
- Segregation of areas is not possible (e.g., greens versus fairways in golf courses)

As human population grows and fresh water becomes increasingly scarce, recycled water is a viable alternative to costly, limited potable water for irrigating turfgrass sites. Recycled water is often better tolerated by turfgrasses than by other landscape plants; simultaneously, turfgrass venues, with their large expanses and trained maintenance staffs, are particularly well-suited to incorporate recycled water in their irrigation programs. Urban population growth ensures an expansion of turfgrass sites for a variety of recreational and functional uses, and this means that irrigation with recycled water is a viable alternative to costly, limited potable water for irrigating turfgrass sites. Recycled water is often better tolerated by turfgrasses than by other landscape plants; simultaneously, turfgrass venues, with their large expanses and trained maintenance staffs, are particularly well-suited to incorporate recycled water in their irrigation programs.

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